



NATURAL MOTION MEETS INGENUITY.

Every aspect of our fitness equipment is made to mirror human movement — fluid, natural, and familiar. Intuitive engineering and thoughtful design offer an invigorating workout that helps users keep moving. Arising from our heritage of providing quality fitness solutions that work, Precor fitness equipment keeps your users satisfied no matter what their goal. Precor inspires a life in motion.

Easy to use. Precor products are designed for ease-of-use with intuitive displays that help users get on and get going.

Premium elliptical crosstrainer with adjustable CrossRamp®. The 546i features an adjustable ramp that allows users to change incline and target specific muscle groups.

Committed to excellence. For 25 years Precor has been a leader in the fitness industry, delivering breakthrough innovations and premium quality products for the home and club.

EFX[®]546i

ELLIPTICAL FITNESS CROSSTRAINER

COMMERCIAL/

EFX 546i

COMMERCIAL ELLIPTICAL FITNESS CROSSTRAINER

PRECOR

1/ CrossRamp technology

Users can select a ramp angle between 15 and 40 degrees throughout the workout to isolate and cross train quadriceps, glutes, hamstrings, and calves. Stride lengths vary along the incline from 21.2 in to 24.7 in, for a smooth, comfortable workout.

2/ Superior workout for glutes and quads

Working out on an EFX yields significantly more glute and quad activity than using a stairclimber, cycle, or treadmill.*

3/ Fully integrated entertainment options

Fully integrated Cardio Theater® design, with personal viewing screens or ambient viewing, enhances the member experience by offering a more seamless, premium look to your cardio area.

4/ Direct access to 10 programs

Six buttons are the gateway to 10 preset programs, including one fitness test. Users can select or change to a new program at any time during their workout.

5/ Tap Control™

Large buttons provide satisfying tactile response and audible click. Beginners and experts alike easily get on and go with this intuitive control. Users know the machine has received input, even when using headphones for entertainment.



PRODUCT SPECIFICATIONS

Length	80 in (203 cm)
Width	32 in (81 cm)
Height	68 in (173 cm), with PVS 84 in (213 cm)
Weight	318 lbs (144 kg)
Shipping Weight	416 lbs (189 kg)
Power	Self
CrossRamp	15–40 degrees (adjustable)
Stride Length	21.2 in (54 cm) to 24.7 in (63 cm)
Total Programs	10
Frame	Powder-coated steel
Regulatory Approvals	FCC, ETL, CE, EN957

CARDIO THEATER ENTERTAINMENT OPTIONS

PVS/Integrated 12-inch personal viewing screen.
AUDIO/Integrated wireless (900 MHz, 863 MHz).

Personal Entertainment Player (PEP) support.
Compatible with video players (e.g., iPod, Zune, and others).



www.precor.com

BR546i-202, 0308
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*Source: Barry Bates, Ph.D., Department of Exercise and Movement Science, University of Oregon.