

EXPERIENCE STRENGTH™ C-LINE

BODY INSPIRED. MACHINE DEFINED.™



Chest Press



PRODUCT SPECIFICATIONS

UPPER BODY

BICEP CURL

Length.....44 in (112 cm)
Width.....43 in (109 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....455 lbs (208 kg)

TRICEP EXTENSION

Length.....44 in (112 cm)
Width.....43 in (109 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....460 lbs (210 kg)

CHEST PRESS

Length.....58 in (147 cm)
Width.....59 in (150 cm)
Height.....67 in (170 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....575 lbs (262 kg)

SHOULDER PRESS

Length.....65 in (165 cm)
Width.....52 in (132 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....565 lbs (258 kg)

LAT PULLDOWN

Length.....66 in (168 cm)
Width.....63 in (160 cm)
Height.....77 in (196 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....675 lbs (308 kg)

SEATED ROW

Length.....52 in (132 cm)
Width.....49 in (124 cm)
Height.....67 in (170 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....565 lbs (258 kg)

SEATED DIP

Length.....48 in (122 cm)
Width.....48 in (122 cm)
Height.....67 in (170 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....565 lbs (258 kg)

REAR DELT/PEC FLY

Length.....54 in (137 cm)
Width.....41 in (104 cm)
Height.....84 in (213 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....635 lbs (290 kg)

CORE

ABDOMINAL

Length.....54 in (137 cm)
Width.....51 in (130 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....525 lbs (240 kg)

BACK EXTENSION

Length.....44 in (112 cm)
Width.....43 in (109 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....520 lbs (237 kg)

ROTARY TORSO

Length.....46 in (117 cm)
Width.....56 in (142 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....480 lbs (219 kg)

LATERAL RAISE

Length.....53 in (135 cm)
Width.....48 in (122 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....525 lbs (240 kg)

LOWER BODY

LEG EXTENSION

Length.....53 in (135 cm)
Width.....49 in (124 cm)
Height.....67 in (170 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....610 lbs (278 kg)

SEATED LEG CURL

Length.....64 in (163 cm)
Width.....49 in (124 cm)
Height.....67 in (170 cm)
Weight Stack.....260 lbs (119 kg)
Unit Weight.....640 lbs (292 kg)

LEG PRESS

Length.....77 in (196 cm)
Width.....48 in (122 cm)
Height.....77 in (196 cm)
Weight Stack.....425 lbs (194 kg)
Unit Weight.....940 lbs (429 kg)

PRONE LEG CURL

Length.....61 in (155 cm)
Width.....47 in (119 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....540 lbs (246 kg)

OUTER THIGH

Length.....65 in (165 cm)
Width.....30 in (76 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....580 lbs (265 kg)

INNER THIGH

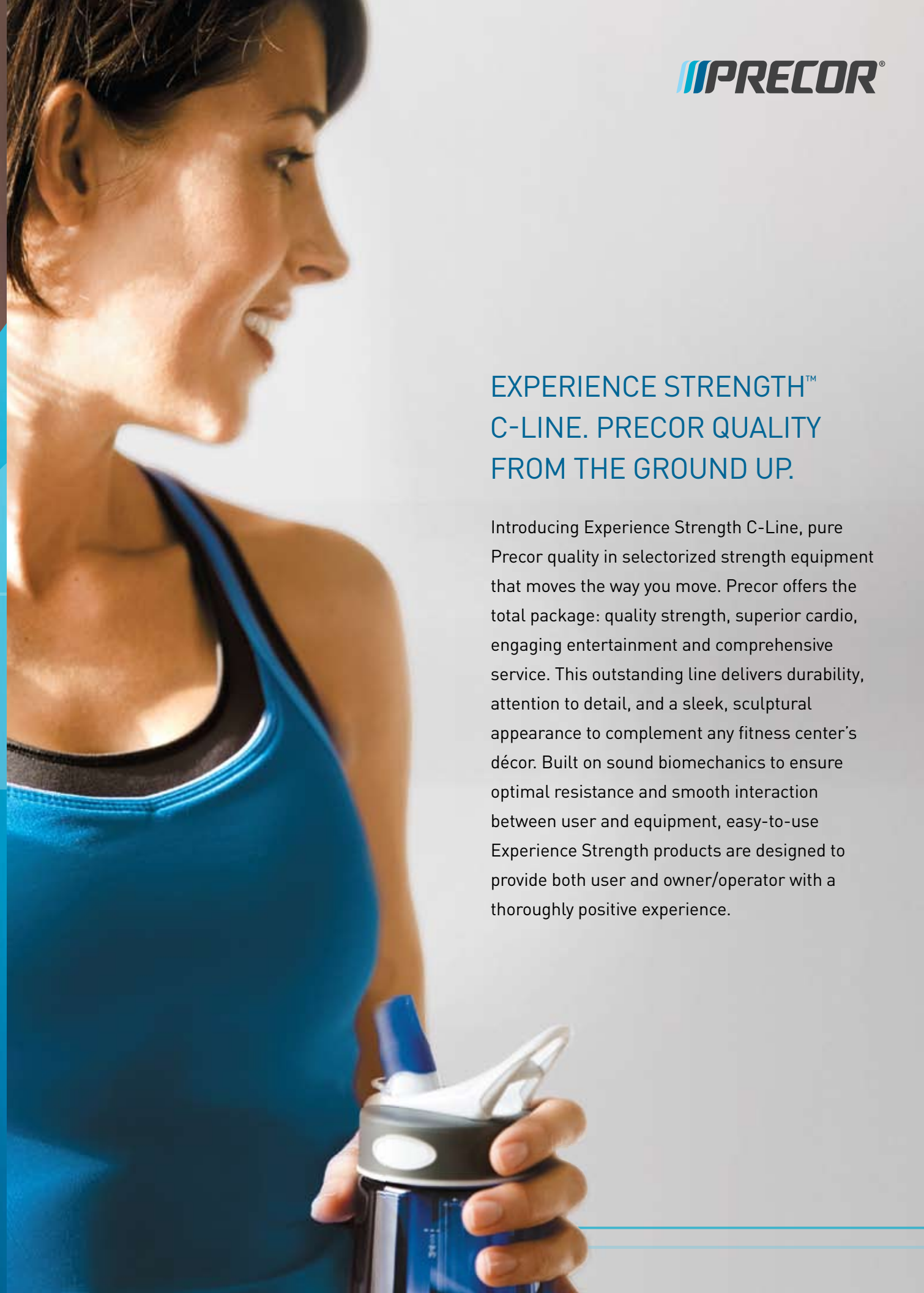
Length.....65 in (165 cm)
Width.....30 in (76 cm)
Height.....67 in (170 cm)
Weight Stack.....215 lbs (98 kg)
Unit Weight.....580 lbs (265 kg)

GLUTE EXTENSION

Length.....52 in (132 cm)
Width.....40 in (102 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....495 lbs (226 kg)

CALF EXTENSION

Length.....54 in (137 cm)
Width.....39 in (99 cm)
Height.....67 in (170 cm)
Weight Stack.....170 lbs (78 kg)
Unit Weight.....455 lbs (208 kg)



EXPERIENCE STRENGTH™ C-LINE. PRECOR QUALITY FROM THE GROUND UP.

Introducing Experience Strength C-Line, pure Precor quality in selectorized strength equipment that moves the way you move. Precor offers the total package: quality strength, superior cardio, engaging entertainment and comprehensive service. This outstanding line delivers durability, attention to detail, and a sleek, sculptural appearance to complement any fitness center's décor. Built on sound biomechanics to ensure optimal resistance and smooth interaction between user and equipment, easy-to-use Experience Strength products are designed to provide both user and owner/operator with a thoroughly positive experience.

EXPERIENCE STRENGTH™ C-LINE

BODY INSPIRED. MACHINE DEFINED.™



www.precor.com

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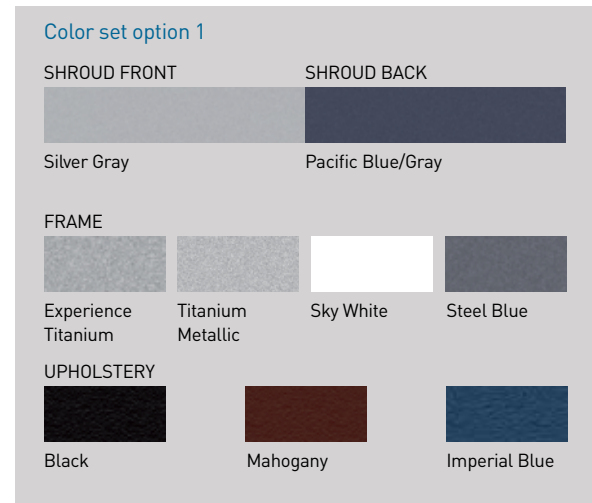
A useful drink and accessories holder is positioned for convenience during workout and also features the name of the machine for easy identification from any side.

Pads are engineered to provide comfort and support for proper form. Users can make adjustments easily and conveniently while seated at the machine.

Simple, step-by-step instructions for setup and exercise include tips that help users maximize their workout. Weights can be increased by 15 lbs (7 kg)* to reach the desired total, with two add-on weights of 5 lbs (2.5kg)*.

Every component the user touches is designed to enhance the workout experience, including extra-large grips for pushing and standard-sized grips for pulling.

*The weight figures provided here are rounded to the nearest whole number.



Colors may vary



Colors may vary



Shroud Front: Silver Gray
Shroud Back: Pacific Blue/Gray
Frame: Experience Titanium
Upholstery: Black



Shroud Front: Amazon Stone
Shroud Back: Dark Cavern
Frame: Desert Bronze
Upholstery: Mahogany

Custom colors are available. Please contact a Precor sales representative.

UPPER BODY



BICEP CURL

- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Handle grips angled for proper exercise mechanics
- Weight Stack 170 lbs (78 kg)



TRICEP EXTENSION

- Angled pad positions arms for maximum comfort and efficiency
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 170 lbs (78 kg)



CHEST PRESS

- Movement arm features forward-set low pivot for proper motion path
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 260 lbs (119 kg)



SHOULDER PRESS

- Movement arm designed to create optimal motion path
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 215 lbs (98 kg)



LAT PULLDOWN

- Wide pulldown handles maximize lat muscle engagement
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 260 lbs (119 kg)



SEATED ROW

- Movement arm features low, forward-set pivot for optimal motion path
- Angled triple-grip handles create wide range of user start positions, no chest pad adjustments needed
- Weight Stack 260 lbs (119 kg)



SEATED DIP

- Unique linear motion path for correct exercise movement with narrow and wide handle positions
- Forward angled seat back keeps you secure in the machine
- Weight Stack 260 lbs (119 kg)



REAR DELT/PEC FLY

- Dual independent-movement arms feature upper pivots to accommodate arm lengths and can be set to 13 starting positions over a 120-degree range
- Weight stack offset to user's right for most convenient access
- Weight Stack 260 lbs (119 kg)



LATERAL RAISE

- Gas-assisted seat and inward facing orientation helps user easily align shoulder joint to pivot
- Padded arm pads and fixed handles allow for easy user positioning
- Weight Stack 170 lbs (78 kg)

CORE



ABDOMINAL

- Unique design allows user to begin exercising without making any adjustment to seat or movement arm
- Foot brace allows users of all sizes to stabilize themselves during exercise
- Weight Stack 215 lbs (98 kg)



BACK EXTENSION

- Unique design allows user to begin exercising by making only one adjustment to the movement arm start position
- Contoured pad supports the back for proper spinal biomechanics during exercise
- Weight Stack 215 lbs (98 kg)



ROTARY TORSO

- Unique ratcheting system easily adjusts the start position
- Arm, seat and back pad position secures the user and maximizes oblique muscle engagement
- Weight Stack 170 lbs (78 kg)

LOWER BODY



LEG EXTENSION

- Spring-assisted back pad adjusts easily from seated position
- Arm, seat and roller pad adjust for optimal exercise mechanics
- Weight Stack 260 lbs (119 kg)



SEATED LEG CURL

- Knee pad moves with user's lower legs, no thigh hold-down pad required
- Start position and roller pads adjust for optimal exercise mechanics
- Weight Stack 260 lbs (119 kg)



LEG PRESS*

- Conveniently located release handle for seat adjustment to fit wide range of users
- Low-maintenance rollers and rigid tubular chrome steel tracks create smooth exercise motion
- Weight Stack 425 lbs (194 kg)



PRONE LEG CURL

- Easy entry allows user to align knee joint with pivot for proper exercise mechanics
- Ankle roller pad adjusts for varying leg length
- Weight Stack 215 lbs (98 kg)



OUTER THIGH

- Easy to operate adjustable start position
- User faces fully shrouded weight stack for privacy.
- Slightly reclined back position for comfort and stabilization
- Weight Stack 215 lbs (98 kg)



INNER THIGH

- Easy to operate adjustable start position
- User faces fully shrouded weight stack for privacy
- Slightly reclined back position for comfort and stabilization
- Weight Stack 215 lbs (98 kg)



GLUTE EXTENSION

- Curvilinear motion path does not require hip alignment
- Long movement arm encourages knee extension for full gluteal involvement
- Elbow pad, handles and large base platform stabilize the user during exercise
- Weight Stack 170 lbs (78 kg)



CALF EXTENSION

- Seated user position directs force properly through the user's hips
- Multiple foot positions accommodates short and tall users without having to adjust a single foot bar
- Weight stack with a force multiplier of 3 times (effective max lift weight: 510 lbs - 232 kg)
- Weight Stack 170 lbs (78 kg)

* The above image does not show the headrest.