

**PRECOR®**



## EXPERIENCE STRENGTH™ S-LINE

BODY INSPIRED. MACHINE DEFINED.™





## OUR NEW LINE OF STRENGTH EQUIPMENT. INTUITIVE. COMPACT. AFFORDABLE QUALITY.

Introducing Experience Strength™ S-Line, a high-quality, comprehensive conditioning circuit that meets the space and budget requirements of a wide range of fitness facilities. These single-station strength machines complement any facility's décor, require minimal floor space, and are easy to own and use. Built on sound biomechanics for optimal resistance, they're engineered to move smoothly with the body. The user-friendly design and attention to detail make working out more satisfying, comfortable and efficient. With the addition of this new strength line, Precor offers the total package: quality strength, superior cardio, engaging entertainment and comprehensive service—and an outstanding turnkey fitness solution for your facility.

---



Leg Curl

EXPERIENCE STRENGTH™ S-LINE

BODY INSPIRED. MACHINE DEFINED.™

# EXPERIENCE STRENGTH™ S-LINE



Intuitive and easy to use, Experience Strength products offer streamlined operation and are engineered to guide the user through each station.



Sound biomechanics ensure a smooth, fluid motion that feels natural to the user. Walk-in design is featured throughout the line.



Sculptural design and quality materials make Experience Strength equipment a great fit for your facility.

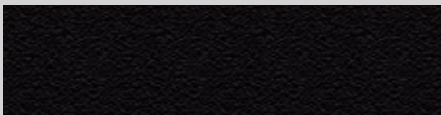
## Color set

### FRAME



Titanium

### UPHOLSTERY



Black

Colors may vary



All S-Line equipment is designed to maximize space efficiency.

---

## UPPER BODY



### BICEP CURL

- Preacher curl position with auto-adjust hand grips to fit all users
- Ratcheting adjustable seat for proper positioning
- Weight Stack 170 lbs (78 kg)



### TRICEP EXTENSION

- Preacher curl position and ratcheting adjustable seat
- Auto-adjust, comfortable hand grips with ergonomic press pad
- Weight Stack 170 lbs (78 kg)



### CHEST PRESS

- Oversized press grips with multiple positions
- Adjustable back pad for desired pre-stretch start position
- Weight Stack 240 lbs (110 kg)



### SHOULDER PRESS

- Oversized press grips with multiple hand positions
- Adjustable seat pad for desired start position
- Weight Stack 200 lbs (91 kg)



### PULLDOWN

- Dual-pulley handles with independent and user-defined motion
- Optional lat pull-down bar available
- Weight Stack 220 lbs (100 kg)



### SEATED ROW

- Adjustable chest pad and seat height for desired start position
- Comfortable grips with multiple hand positions
- Weight Stack 240 lbs (110 kg)



### REAR DELT/PEC FLY

- Pivoting movement arms automatically adjust for arm length
  - Easy-adjust start position and dual hand positions
  - Weight Stack 240 lbs (110 kg)
-

## LOWER BODY



### LEG EXTENSION

- Adjustable start positions
- Self-aligning ankle pad
- Weight Stack 200 lbs (91 kg)



### LEG CURL

- Walk-in setup and adjustable start positions
- Self-aligning ankle pad
- Weight Stack 170 lbs (78 kg)



### LEG PRESS

- Walk-through design
- Articulating foot pad stays vertical to mimic a squat movement
- Weight Stack 295 lbs (135 kg)



### INNER/OUTER THIGH

- Easy-adjust start position
- Pivoting thigh pads angled for improved function and comfort
- Weight Stack 170 lbs (78 kg)

## CORE



### ABDOMINAL

- No position adjustments necessary—walk in and use
- Auto-adjust contoured shoulder pads
- Weight Stack 200 lbs (91 kg)



### BACK EXTENSION

- No position adjustments—walk in and use
- Lumbar roller pad and pivoting back pad provide a superior, comfortable movement
- Weight Stack 200 lbs (91 kg)

---

**EASY-TO-USE:** The weight stacks on all Experience Strength S-Line machines are designed for easy reach from a seated position.

**INSTRUCTION PLACARDS:** Simple, step-by-step instructions for setup and exercise include tips that help users maximize their workout.

**ACCESSORIES HOLDER:** A useful drink and accessories tray is conveniently located at the top of the shroud.

S-Line equipment looks sleek, streamlined and attractive from any angle.



[www.precor.com/s-line](http://www.precor.com/s-line)  
**800.786.8404**

---

## UPPER BODY

---

### BICEP CURL

#### PRODUCT SPECIFICATIONS

Length.....47 in (119 cm)  
Width.....40 in (102 cm)  
Height .....57 in (145 cm)  
Weight .....395 lbs (180 kg)  
Weight Stack.....170 lbs (78 kg)

### TRICEP EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....46 in (117 cm)  
Width.....40 in (102 cm)  
Height .....57 in (145 cm)  
Weight .....395 lbs (180 kg)  
Weight Stack.....170 lbs (78 kg)

### CHEST PRESS

#### PRODUCT SPECIFICATIONS

Length.....39 in (99 cm)  
Width.....51 in (130 cm)  
Height .....69 in (175 cm)  
Weight .....450 lbs (205 kg)  
Weight Stack.....240 lbs (110 kg)

### SHOULDER PRESS

#### PRODUCT SPECIFICATIONS

Length.....59 in (150 cm)  
Width.....56 in (142 cm)  
Height .....57 in (145 cm)  
Weight .....430 lbs (195 kg)  
Weight Stack.....200 lbs (91 kg)

### PULLDOWN

#### PRODUCT SPECIFICATIONS

Length.....40 in (102 cm)  
Width.....55 in (140 cm)  
Height .....85 in (216 cm)  
Weight .....475 lbs (215 kg)  
Weight Stack.....220 lbs (100 kg)

### SEATED ROW

#### PRODUCT SPECIFICATIONS

Length.....50 in (127 cm)  
Width.....47 in (119 cm)  
Height .....69 in (175 cm)  
Weight .....460 lbs (210 kg)  
Weight Stack.....240 lbs (110 kg)

### REAR DELT/PEC FLY

#### PRODUCT SPECIFICATIONS

Length.....40 in (102 cm)  
Width.....54 in (137 cm)  
Height .....78 in (198 cm)  
Weight .....470 lbs (240 kg)  
Weight Stack.....240 lbs (110 kg)

## LOWER BODY

---

### LEG EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....52 in (132 cm)  
Width.....43 in (109 cm)  
Height .....57 in (145 cm)  
Weight .....462 lbs (210 kg)  
Weight Stack.....200 lbs (91 kg)

### LEG CURL

#### PRODUCT SPECIFICATIONS

Length.....62 in (157 cm)  
Width.....43 in (109 cm)  
Height .....57 in (145 cm)  
Weight .....450 lbs (205 kg)  
Weight Stack.....170 lbs (78 kg)

### LEG PRESS

#### PRODUCT SPECIFICATIONS

Length.....76 in (193 cm)  
Width.....43 in (109 cm)  
Height .....69 in (175 cm)  
Weight .....550 lbs (250 kg)  
Weight Stack.....295 lbs (135 kg)

### INNER/OUTER THIGH

#### PRODUCT SPECIFICATIONS

Length.....64 in (163 cm)  
Width.....31 in (79 cm)  
Height .....57 in (145 cm)  
Weight .....440 lbs (200 kg)  
Weight Stack.....170 lbs (78 kg)

## CORE

---

### ABDOMINAL

#### PRODUCT SPECIFICATIONS

Length.....58 in (147 cm)  
Width.....39 in (99 cm)  
Height .....57 in (145 cm)  
Weight .....465 lbs (210 kg)  
Weight Stack.....200 lbs (91 kg)

### BACK EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....53 in (135 cm)  
Width.....39 in (99 cm)  
Height .....57 in (145 cm)  
Weight .....450 lbs (205 kg)  
Weight Stack.....200 lbs (91 kg)

To learn more about our line of Precor Experience Strength S-Line products, go to [www.precor.com/s-line](http://www.precor.com/s-line) or contact your Precor Sales Representative today at 800.786.8404.