

Experience Strength™ S-Line

The S-Line is a comprehensive conditioning circuit of 13 selectorized strength machines designed to meet the space and budget requirements of a wide range of fitness facilities. The sculptural look complements any facility’s décor, while the user-friendly design combined with sound biomechanics makes working out satisfying, comfortable and efficient. With quality strength, superior cardio, engaging entertainment and comprehensive service, Precor is the turnkey fitness solution for your facility.

Features

- A space efficient design and compact footprint, makes the S-Line easy to incorporate into your facility.
- Built on sound biomechanics for optimal resistance, the S-Line machines are engineered to move smoothly with the body.
- S-Line equipment looks sleek, streamlined and attractive from any angle. Sculptural design and quality materials make for a great fit.
- Walk-in designs, minimal adjustments, and weight stacks that are easily reached from a seated position make the machines user-friendly for all levels.
- Simple step-by-step instructions for users of all levels to help with setup and exercise, including tips that help them maximize their workouts.
- Fully concealed weight stack with a useful drink and accessories tray conveniently located at the top of the shroud.
- Meets ASTM and En-957 safety standards for commercial fitness equipment.

Adjustments

- Seat and back pad adjustments feature custom-molded sleeve-tube inserts inside attractive oval-shaped steel tubing. Insures stable, low friction seat adjustments. Ratcheting seat adjustment with push to release lever is color color-coded for easy identification. Viewing hole and etched numbers on sleeve-tube for accurate positioning of seat and back pad.
- Hardened plunger and spring-loaded snap-pin assembly position adjustment with easy grip pull-pin for smooth adjustment. Pull-pin is color-coded for easy identification.
- Slip resistant rubber grip handles assembly with machine alloy end-cap. Push grips are over-sized to 1.5 inch (39 mm) diameter. Pull grips and handlebars are 1.25 inch (32 mm) diameter.

Weight Stack

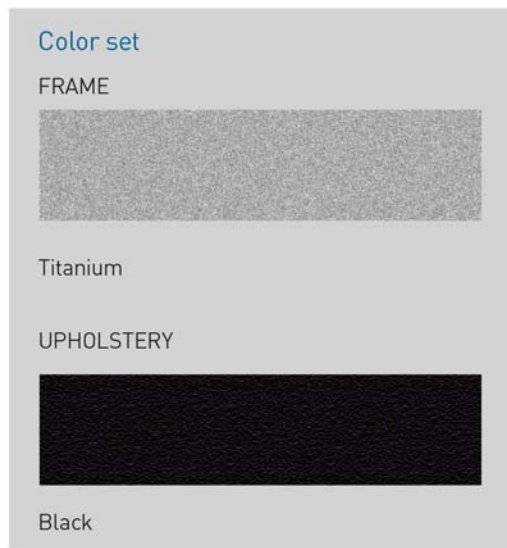
- Weight plates are 1 inch (25 mm) thick, machined cast weight plates in 10 lb (5 kg) and 15 lb (7 kg) sizes, with fitted nylon bushings to ensure smooth travel on guide rods.
- Top Weight Plate is machined cast weight plate designed for a 10 lb (5 kg) starting weight (25 lbs / 11 kg on the Leg Press). Precision, lubricated bushings for smooth operation.
- The magnetic weight selection pin assures positive locking to plates and is secured to weight stack with a thick plastic-coated tether cable. Weight selection pin is color-coded for easy identification.
- Guide rods are ¾ inch (19 mm) diameter steel, polished with corrosion-resistant plating for smooth operation and rust prevention.
- Cables are military spec 5 mm cable (Leg Press: 6.3 mm) coated. Custom end fittings tested to 250,000 cycles under a 440 lb (200 kg) load.
- Six machines require no removal of pulleys to route cable. For the other 7 machines, all pulleys are pre-assembled, so removal, routing, and replacing the pulleys is easy - no hunting for the right pulleys, pulley covers, and pulley mounting hardware.
- Low starting weight and full weight range accommodate a wide range of users. Weight stack is easily accessible from the seated position.
- Full-length translucent shrouds enclose the back of the weight stack. Front shroud is full-length with a 3 inch (75 mm) wide slot for access to the weight selection pin. Slotted front shroud meets ASTM and EN0957 safety standards.
- Top cap secures the front and back shrouds, and includes an accessory shelf and 4 inch (102 mm) diameter water bottle holder.

Frame and Finish

- 11 gauge (2.75 mm) 2 by 4 inch (50 by 100 mm) tubing is bent electro-weld steel.
- Finish is electrostatic powder-coated and heat cured for superior durability.
- Frame available in Experience Titanium (metallic industry silver).

Upholstery	<ul style="list-style-type: none"> Fabric is premium quality, industrial vinyl with a protective coating that results in long-lasting, easy-to-clean upholstery pads and rollers. Fabric meets or exceeds California fire regulations (Bulletin 117, section E). Construction features a 4-piece design with ¾ inch thick plywood back, followed by ¾ in very high density foam base, ¾ inch high density foam core, covered by industrial fabric. Total thickness is 2.5 inch (65 mm).
Pulleys, Bearings and Pivot Points	<ul style="list-style-type: none"> Glass fiber reinforced nylon pulleys with deep V-groove provides secure cable seating and fluid bearing rotation. ABEC-rated bearings for added durability and smooth feel. Size: 4 ½ inch (11 mm) Axles are 25 mm (1 inch) solid steel pivot axles with oil-impregnated bronze bushings for precise alignment and frictionless movement. Pillow block ABEC grade rotary bearings with grease certs on machines with a cam assembly (Bicep Curl, Tricep Extension, Leg Extension, Leg Curl, Abdominal, and Back Extension).
Graphics	<ul style="list-style-type: none"> Step-by-step machine identifier and instructional placards are positioned on the inside of the weight stack for easy reading by user. The drink and accessory holder features machine identifier graphics on both sides for easy identification and optional circuit numbering.
Installation	<ul style="list-style-type: none"> Easy 10-step installation takes 2 people about 30 minutes. Machines are packaged partially pre-assembled to save time and eliminate steps. On average, assembly requires installation of 30 bolts or less.

Experience Strength™ S-Line Color Options



Measurements

UPPER BODY

BICEP CURL

Length.....47 in (119 cm)
Width.....40 in (102 cm)
Height.....57 in (145 cm)
Unit Weight.....395 lbs (180 kg)
Weight Stack...170 lbs (78 kg)

TRICEP EXTENSION

Length.....46 in (117 cm)
Width.....40 in (102 cm)
Height.....57 in (145 cm)
Unit Weight.....395 lbs (180 kg)
Weight Stack...170 lbs (78 kg)

CHEST PRESS

Length.....39 in (99 cm)
Width.....51 in (130 cm)
Height.....69 in (175 cm)
Unit Weight.....450 lbs (205 kg)
Weight Stack...240 lbs (110 kg)

SHOULDER PRESS

Length.....59 in (150 cm)
Width.....56 in (142 cm)
Height.....57 in (145 cm)
Unit Weight.....430 lbs (195 kg)
Weight Stack...200 lbs (91 kg)

PULLDOWN

Length.....40 in (102 cm)
Width.....55 in (140 cm)
Height.....85 in (216 cm)
Unit Weight.....475 lbs (215 kg)
Weight Stack...220 lbs (100 kg)

SEATED ROW

Length.....50 in (127 cm)
Width.....47 in (119 cm)
Height.....69 in (175 cm)
Unit Weight.....460 lbs (210 kg)
Weight Stack...240 lbs (110 kg)

REAR DELT/PEC FLY

Length.....40 in (102 cm)
Width.....54 in (137 cm)
Height.....78 in (198 cm)
Unit Weight.....470 lbs (240 kg)
Weight Stack...240 lbs (110 kg)

LOWER BODY

LEG EXTENSION

Length.....52 in (132 cm)
Width.....43 in (109 cm)
Height.....57 in (145 cm)
Unit Weight.....462 lbs (210 kg)
Weight Stack...200 lbs (91 kg)

LEG CURL

Length.....62 in (157 cm)
Width.....43 in (109 cm)
Height.....57 in (145 cm)
Unit Weight.....450 lbs (205 kg)
Weight Stack...170 lbs (78 kg)

LEG PRESS

Length.....76 in (193 cm)
Width.....43 in (109 cm)
Height.....69 in (175 cm)
Unit Weight.....550 lbs (250 kg)
Weight Stack...295 lbs (135 kg)

INNER/OUTER THIGH

Length.....64 in (163 cm)
Width.....31 in (79 cm)
Height.....57 in (145 cm)
Unit Weight.....440 lbs (200 kg)
Weight Stack...170 lbs (78 kg)

CORE

ABDOMINAL

Length.....58 in (147 cm)
Width.....39 in (99 cm)
Height.....57 in (145 cm)
Unit Weight.....465 lbs (210 kg)
Weight Stack...200 lbs (91 kg)

BACK EXTENSION

Length.....53 in (135 cm)
Width.....39 in (99 cm)
Height.....57 in (145 cm)
Unit Weight.....450 lbs (205 kg)
Weight Stack...200 lbs (91 kg)

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